

10 reasons to enroll in Vantage Medicare Advantage Plan today and get SilverSneakers

-  Use 14,000+ fitness locations nationwide at no extra cost.
-  Enroll at multiple locations at any time.
-  Reach and maintain a healthy body weight.
-  Expand your circle of friends and enjoy social activities.
-  Increase muscle strength and bone density.
-  Prevent, delay, or treat certain medical conditions.¹
-  Take fitness classes at convenient community venues.
-  Be more flexible and have better balance.
-  Improve your memory and think more clearly.
-  Enjoy access to classes, pools, free weights, treadmills, and more.

Need more reasons?

Go to go.silversneakers.com/ to find out how others have changed their lives with SilverSneakers.



Enroll in **Vantage Medicare Advantage Plan** now and get **SilverSneakers®** at no extra cost.

1-866-704-0109 TTY: 1-866-524-5144, 8 a.m. to 8 p.m. CST, seven days a week

Experience better health

in mind, body, and spirit through regular participation in SilverSneakers. Millions of people like you already do.



Vantage Health Plan, Inc. is a health plan with a Medicare contract. Enrollment in Vantage Health Plan, Inc. depends on contract renewal.

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