

PERSONAL MEDICATION LIST FOR	DOB:
-------------------------------------	------

This medication list was made for you after we talked. We also used information from clinical data provided by your physician and/or your pharmacy claims.

- Use blank rows to add new medications. Then fill in the dates you started using them.
- Cross out medications when you no longer use them. Then write the date and why you stopped using them.
- Ask your doctors, pharmacists, and other healthcare providers in your care team to update this list at every visit.

Keep this list up-to-date with:

- prescription medications
- over the counter drugs
- herbals
- vitamins
- minerals

If you go to the hospital or emergency room, take this list with you. Share this with your family or caregivers too.

DATE PREPARED:

Allergies and side effects:

Medication: <i><Insert generic name and brand name, strength, and dosage form for current/active medications></i>	
How I use it: <i><Insert regimen, including strength, dose and frequency (e.g. 1 tablet (20 mg) by mouth daily), use of related devices and supplemental instructions as appropriate></i>	
Why I use it: <i><Insert indication or intended medical use></i>	Prescriber: <i><Insert prescriber's name></i>
Date I started using it: <i><May be estimated by Plan or entered based upon beneficiary-reported data, or leave blank for beneficiary to enter start date></i>	Date I stopped using it: <i><Leave blank for beneficiary to enter stop date></i>
Why I stopped using it: <i><Leave blank for beneficiary's notes></i>	

PERSONAL MEDICATION LIST FOR	DOB:
-------------------------------------	-------------

(Continued)

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

PERSONAL MEDICATION LIST FOR	DOB:
-------------------------------------	-------------

(Continued)

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

PERSONAL MEDICATION LIST FOR	DOB:
-------------------------------------	-------------

(Continued)

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Medication:	
How I use it:	
Why I use it:	Prescriber:
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

Other Information:

If you have any questions about your medication list, call 1-844-657-7825 (TTY users call 1-866-524-5144) Monday through Friday, 9 a.m. to 5 p.m., CST. After hours and on holidays, please leave a message and a representative will return your call on the next business day.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB number for this information collection is 0938-1154. The time required to complete this information collection is estimated to average 40 minutes per response, including the time to review instructions, searching existing data resources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write: CMS, Attn: PRA Reports Clearance Officer, 7500 Security Boulevard, Baltimore, Maryland 21244-1850.
