This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or **plan** document at **www.vantagehealthplan.com** or by calling **1-888-823-1910.**

Important Questions	Answers	Why this Matters:
What is the overall deductible?	$800 Medical; No Rx Deductible	You must pay all the costs up to the **deductible** amount before this **plan** begins to pay for covered services you use. Check your policy or **plan** document to see when the **deductible** starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the **deductible**.
Are there other deductibles for specific services?	Tier II and Out-of-Network: $3,000 Medical	You must pay all of the costs for these services up to the specific **deductible** amount before this **plan** begins to pay for these services.
Is there an out-of-pocket limit on my expenses?	Tier 1 (includes Tier 1 deductible): $5,000 Medical	The **out-of-pocket limit** is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, Tier II and out-of-network, Rx charges, and some co-insurance	Even though you pay these expenses, they don't count toward the **out-of-pocket limit**.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for *specific* covered services, such as office visits.
Does this plan use a network of providers?	Yes. For Tier I and Tier II in-network provider lists, see **www.VantageHealthPlan.com** or call **1-888-823-1910**. Add'l 20% coinsurance for Tier II.	If you use an in-network doctor or other health care **provider**, this **plan** will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network **provider** for some services. **Plans** use the term in-network, **preferred**, or participating for **providers** in their **network**. See the chart starting on page 2 for how this **plan** pays different kinds of **providers.**
Do I need a referral to see a specialist?	No.	You can see the **specialist** you choose without permission from this **plan**.
Are there services this plan doesn't cover?	Yes.	Some of the services this **plan** doesn't cover are listed on page 5. See your policy or **plan** document for additional information about **excluded services**.

- **Copayments** are fixed dollar amounts (for example, $15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is $1,000, your **coinsurance** payment of 20% would be $200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**.)
- This plan may encourage you to use Tier I in-network **providers** by charging you lower **deductibles, copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Tier I In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$10 or $20 co-pay	50% Co-insurance	None
	Specialist visit	$35 or $45 co-pay	50% Co-insurance	None
	Other practitioner office visit	$20 co-pay	50% Co-insurance	None
	Preventive care/screening/immunization	No Charge	50% Co-insurance	As required by law
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	50% Co-insurance	None
	Imaging (CT/PET scans, MRIs)	$0 or $50 per test	50% Co-insurance	Pre-auth required

Common Medical Event	Services You May Need	Your Cost If You Use a Tier I In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available by calling **1-888-823-1910**.	Generic drugs	$5 or $20 co-pay per prescription (retail/mail order)	Not covered	1 co-pay for 30-day supply; 2 co-pays for 31-60 day supply; 3 co-pays for 61-90 day supply
	Preferred brand drugs	$50 co-pay per prescription (retail and mail order)	Not covered	1 co-pay for 30-day supply; 2 co-pays for 31-60 day supply; 3 co-pays for 61-90 day supply
	Non-preferred brand drugs	$80 co-pay per prescription (retail and mail order)	Not covered	1 co-pay for 30-day supply; 2 co-pays for 31-60 day supply; 3 co-pays for 61-90 day supply
	Specialty drugs	$150 co-pay per prescription (retail and mail order)	Not covered	1 co-pay for 30 day supply (retail); mail order not applicable
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	$50 or $100 co-pay	50% Co-insurance	Pre-auth required
	Physician/surgeon fees	No Charge	50% Co-insurance	Pre-auth required
If you need immediate medical attention	Emergency room services	$150 co-pay/visit	$150 co-pay/visit	Worldwide emergency coverage
	Emergency medical transportation	$50 co-pay	$50 co-pay	See Cost Share Schedule.
	Urgent care	$50 co-pay/visit	50% Co-insurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	$100 co-pay/day	50% Co-insurance	Pre-auth required. $300 max/stay.
	Physician/surgeon fee	No Charge	50% Co-insurance	Pre-auth required

Common Medical Event	Services You May Need	Your Cost If You Use a Tier I In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient	$20 or $45 co-pay/visit	50% Co-insurance	Pre-auth required
	Mental/Behavioral health inpatient services	$100 co-pay/day	50% Co-insurance	Pre-auth required. $300 max/stay.
	Substance use disorder outpatient services	$20 or $45 co-pay/visit	50% Co-insurance	Pre-auth required
	Substance use disorder inpatient services	$100 co-pay/day	50% Co-insurance	Pre-auth required. $300 max/stay.
If you are pregnant	Prenatal and postnatal care	$10 or $20 co-pay	50% Co-insurance	Initial visit only
	Delivery and all inpatient services	$100 co-pay/day	50% Co-insurance	Pre-auth required. $300 max/stay.
If you need help recovering or have other special health needs	Home health care	No Charge	Not covered	Pre-auth required
	Rehabilitation services	$10 or $20 co-pay	50% Co-insurance	Pre-auth required. 20 visit limit
	Habilitation services	$10 or $20 co-pay	50% Co-insurance	Pre-auth required. 20 visit limit
	Skilled nursing care	$100 co-pay/day	50% Co-insurance	Pre-auth req. $300/stay, 60 day max.
	Durable medical equipment	20% Co-insurance	50% Co-insurance	Pre-auth req. See Cost Share Schedule.
	Hospice service	No Charge	Not covered	Pre-auth required
If your child needs dental or eye care	Eye Exam	$35 or $45 co-pay	50% Co-insurance	Limit 1 visit per benefit period
	Glasses	50% Co-insurance	50% Co-insurance	$100 max benefit for adults
	Dental check-up	100% coverage	50% Co-insurance	Limit 1 every six months

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care
- Glasses
- Hearing aids (Adult)
- Infertility treatment
- Long-term care
- Non-emergency care when travleing outside the U.S.
- Private-duty nursing
- Routine foot care

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care
- Hearing aids (Children)
- Routine eye care (Adult)
- Weight loss programs

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at **1-888-823-1910**. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeal Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Vantage Health Plan at **1-888-823-1910**; Louisiana Department of Insurance at **1-800-259-5300;** the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

To see examples of how this plan might cover costs for a sample medical situation, see the next page

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers:** $7,520
- **Plan pays** $7,020
- **Patient pays** $500

Sample care costs:

Hospital charges (mother)	$2,420
Routine obstetric case	$2,070
Hospital charges (baby)	$860
Anesthesia	$910
Laboratory tests	$530
Prescriptions	$10
Radiology	$180
Vaccines, other preventive	$40
Total	$7,020

Patient pays:

Deductibles	$0
Copays	$350
Coinsurance	$0
Limits or exclusions	$150
Total	$500

Note: These numbers assume the patient has given notice of her pregnancy to the plan. If you are pregnant and have not given notice of your pregnancy, your costs may be higher. For more information, please contact: **1-888-823-1910**.

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers:** $5,160
- **Plan pays** $3,360
- **Patient pays** $1,800

Sample care costs:

Prescriptions	$1,710
Medical Equipment and Supplies	$590
Office Visits and Procedures	$560
Education	$210
Laboratory tests	$140
Vaccines, other preventive	$150
Total	$3,360

Patient pays:

Deductibles	$400
Copays	$1,210
Coinsurance	$150
Limits or exclusions	$40
Total	$1,800

Note: These numbers assume the patient is participating in our diabetes wellness program. If you have diabetes and do not participate in the wellness program, your costs may be higher. For more information about the diabetes wellness program, please contact: **1-888-823-1910**.

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.