



# BEHAVIORAL HEALTH CASE MANAGEMENT

**B**ehavioral Health Case Management is a new service offered to Vantage Health Plan (Vantage) Members through the VantageCare Case Management programs. This program was developed to assist Members who may be experiencing Behavioral Health issues by providing them with targeted case management services. The program is free to Vantage Members. Members who enroll in the program may receive individualized assistance from Behavioral Health Case Managers for the following services:

- **Education** regarding Behavioral Health issues, including both mental health and substance abuse
- **Understanding** Behavioral Health issues, including family/caregiver roles
- **Assistance** in accessing available community resources
- **Coordination** of services with Primary Care Providers to manage health conditions which may contribute to Behavioral Health issues
- **Individual therapy** provided by Licensed Clinical Social Workers in select Affinity Health Group Clinics
- **Medication management** and psychiatric evaluation by an Affinity Health Group Clinic Psychiatrist
- **Access** to a network of Behavioral Health providers in the Affinity Health Group Clinic system
- **Individualized goal-setting** and coordination of care to avoid relapse or re-hospitalization

**Vantage Health Plan** is committed to providing a wide array of services to assist its Members in maintaining a healthy lifestyle in all areas. For more information regarding enrollment in the Behavioral Health Case Management Program, contact (318) 998-3660, Monday – Friday, 8:00 a.m. to 5:00 p.m. or call our toll-free number (888) 823-1910. For the hearing impaired, please call TTY (318) 361-2131 or toll-free TTY (866) 524-5144.

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