

<b>PERSONAL MEDICATION LIST FOR</b>	DOB:
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This medication list was made for you after we talked. We also used information from clinical data provided by your physician and/or your pharmacy claims.

- Use blank rows to add new medications. Then fill in the dates you started using them.
- Cross out medications when you no longer use them. Then write the date and why you stopped using them.
- Ask your doctors, pharmacists, and other healthcare providers in your care team to update this list at every visit.

Keep this list up-to-date with:

- prescription medications
- over the counter drugs
- herbals
- vitamins
- minerals

If you go to the hospital or emergency room, take this list with you. Share this with your family or caregivers too.

**DATE PREPARED:**

**Allergies and side effects:**

<b>Medication:</b> <i>&lt;Insert generic name and brand name, strength, and dosage form for current/active medications&gt;</i>	
<b>How I use it:</b> <i>&lt;Insert regimen, including strength, dose and frequency (e.g. 1 tablet (20 mg) by mouth daily), use of related devices and supplemental instructions as appropriate&gt;</i>	
<b>Why I use it:</b> <i>&lt;Insert indication or intended medical use&gt;</i>	<b>Prescriber:</b> <i>&lt;Insert prescriber's name&gt;</i>
<b>Date I started using it:</b> <i>&lt;May be estimated by Plan or entered based upon beneficiary-reported data, or leave blank for beneficiary to enter start date&gt;</i>	<b>Date I stopped using it:</b> <i>&lt;Leave blank for beneficiary to enter stop date&gt;</i>
<b>Why I stopped using it:</b> <i>&lt;Leave blank for beneficiary's notes&gt;</i>	

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(Continued)

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<b>Why I use it:</b>	<b>Prescriber:</b>
<b>Date I started using it:</b>	<b>Date I stopped using it:</b>
<b>Why I stopped using it:</b>	

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<b>Why I stopped using it:</b>	

<b>Other Information:</b>
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If you have any questions about your medication list, call 1-844-657-7825 (TTY users call 1-866-524-5144) Monday through Friday, 9 a.m. to 5 p.m., CST. After hours and on holidays, please leave a message and a representative will return your call on the next business day.

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